

## **Personal**

Illness  
Medication  
Stress  
Alcohol  
Fatigue  
Emotion

Currency

## **Aircraft**

Annual  
100-hr  
Transponder  
Altimeter  
Pitot Static  
ELT Function and Battery  
VOR  
ADs

Performance  
W&B

## **EnVironment**

Weather  
NOTAMs  
SUA  
Familiarity

## **External Pressures**

Plan B or C available?  
Stress or Pressure?